



GONSOULIN LAND AND CATTLE, LLC

## GLC Meat Market

6110 Loreauville Rd. New Iberia, LA. 70563

337-577-9160

glcranch.com

Earline Ransonet, Manager  
The Informed Choice - Grass Fed Beef

Find our  
**Weekly Specials** on  
our Facebook page  
**Gonsoulin Land and  
Cattle**

### Store Hours

Monday thru Friday  
9am – 6pm

Farmers Market every  
Wednesday from  
2-6pm

Saturday 8-12pm

We raise 100% grass fed beef, free from antibiotics and hormones, right here in Iberia Parish, LA. Our beef is dry aged for a minimum of 7 days, vacuumed packed, and then flash-frozen. We get fresh inventory of beef, lamb and pork cuts every Friday at our farm store adjacent to the cattle ranch – **GLC Meat Market**. We also post weekly specials in the market and on our Facebook page, so ask Earline when you stop by to visit, or follow us on Facebook to stay up to date with our promotions and specials.

### Beef

Ground Beef 80/20 \$7.00/lb  
Keto Ground Beef 50/50 \$7.00/lb  
Primal Ground Beef \$7.00/lb  
5# Ground & Blends \$6.00/lb  
1/3# Hamburger Patty \$7.50/lb  
7 Steaks \$8.00/lb  
Beef Stew Meat \$7.00/lb  
Brisket \$11.00/lb  
Chuck Roast \$7.50/lb  
Chuck Steak \$7.50/lb  
Flank Steak \$14.00/lb  
Flat Iron Steak \$14.00/lb  
Grass Fed Beef Fat \$5.50/lb  
Hanger Steaks \$14.00/lb  
Kidney, Heart, Liver \$7.80/lb  
Beef Tongue \$8.00/lb  
Marrow Bones \$5.50/lb  
Oxtail \$7.00/lb  
Round Steak \$10.50/lb  
Rump Roast \$8.00/lb  
Short/Long Ribs \$8.00/lb  
Shoulder Roast \$7.50/lb  
Shoulder Steak \$7.50/lb  
Sirloin Steak \$14.00/lb  
Sirloin Tip Roast \$12.00/lb  
Top Round \$10.50/lb  
Tri Tip Steak \$14.00/lb  
Tri Tip Roast \$14.00/lb  
Skirt Steak \$10.50/lb  
Soup Round \$8.00/lb  
New York Strip \$15.00/lb  
Rib Eye \$15.00/lb  
T-Bone Steak \$15.00/lb  
Tenderloin \$24.50/lb

### Pork

Ground Pork \$8.00/lb  
Pork Stew Meat \$8.00/lb  
Pork Chops \$10.00/lb  
Pork Roast \$8.50/lb  
Loin Roast \$11.00/lb  
Ribs \$9.50/lb  
Pork Steak \$8.50/lb  
Shoulder Steaks \$8.00/lb  
Pork Fingers \$8.00/lb  
Slab Cut Bacon \$10.50/lb  
Fresh Sausage \$9.50/lb  
Smoked Sausage \$10.00/lb  
Beef/Pork Sausage \$10.50/lb  
Smoked Ham Hocks \$8.50/lb  
Pork Liver \$8.00/lb  
Pork Skin \$5.00/lb  
Pork Belly...\$8.00

We also have fresh fruits and vegetables, fresh eggs, wild-caught seafood, jams, jellies, hot sauce, Bar-B-Q sauce, seasonings, honey, and pecans available in the farm store. These items are all produced at local family farms!

We also sell calves by the whole, half, or quarter. This is the best value as it is priced by the pound not by the cut. The price includes custom cutting to the client's specifications, vacuum packing and flash freezing. The price is **\$4.85/lb** and based on the hot weight of the animal. Normally, a whole calf will have about 300-400 pounds of edible meat.

### Lamb

Lamb Chops \$14.00/lb  
Leg of Lamb \$13.50/lb  
Ground Lamb \$11.00/lb  
Lamb Stew Meat \$11.00/lb  
Lamb Organ Meats \$10.00/lb  
Lamb Bones \$8.00/lb

### Smoked Products

No Sugar – No Nitrates

All Beef Smoked Sausage...\$10.00/lb  
Beef/Pork Smoked Sausage..\$10.50/lb  
Slab Cut Pork Bacon.....\$10.50

Revised 03/20/2019